

# ESPE Working Group on Gender Dysphoria

(Chair Gary Butler, London, UK)

The aim of the ESPE Working Group on Gender Dysphoria is to refine the clinical care and treatment of young people, to understand the global perspective and provide education and training for generalist and specialist practitioners.

## Report on activities from 2018

We planned and submitted a research application in February and the final one in April 2018 with the purpose of establishing a gender dysphoria registry along the same platform as the i-DSD one and to link in with the ERN. WE also included a project to collect and process information about the growth of transgender children on hormone treatments and a prospective study in 8 European countries. This was not funded although scoring highly, and a reapplication is being considered in 2019.

Activities in 2019 include a WG symposium on joint surgical interventions and development of European treatment guidelines.

The WG symposium in Athens majored on non-binary gender identification and approaches to fertility preservation in transgender adolescents.

Programme below was attended by around 130 delegates.

## Working Group: Gender Dysphoria

Non-binary gender identification & fertility in transgender adolescents

*Chair: Gary Butler (London, UK)*

### Section 1: Non-binary gender identification; Social and endocrine management challenges

Gender identity development: Neither male nor female or being both, growing up as gender queer

*Thomas D Steensma (Amsterdam, The Netherlands)*

Endocrine challenges in adolescents with non-binary gender identification.

*Panel and submitted case-presenting participants*

### Section 2: Fertility in transgender adolescents

Current options for fertility conservation in trans-teenagers

*Ephia Yasmin (London, UK)*

Fertility preservation in transgender adolescents: an ethical perspective. Is the sky the limit?

*Martine De Vries (Leiden, The Netherlands)*

The WG planned the ESPE Science Symposium London in October 2018 over 1.5 days. This had a variety of international speakers covering basic science, biology and therapeutics. It was attended by around 100 delegates and feedback was excellent.